Northwest Territories: Accessing Respite Funding



People living in Yellowknife, Dettah and N'dilo receive respite through the Yellowknife Association for Community Living (YKACL).

Funding comes from the Government of Northwest Territories Health and Social Services Authority People living in other areas receive respite through the Respite Program for Local Communities.

Funding comes from the Government of Northwest Territories Health and Social Services Authority

To get services your child needs to live in the family home and have an identified need for supports. This does not have to be a formal diagnosis but does need to be documented in some way by a health professional.

This documentation should explain that your child has a physical, intellectual, cognitive, sensory, and/or psychiatric condition that presents ongoing challenges in their daily lives.

> information found here: respite brochure

The program accepts referrals from families (self-referrals), health professionals, community groups, schools or other service agencies.

The Program Manager and family meet to complete the intake process. At this time they complete an initial needs assessment.

Program Manager contact information can be found here: <u>http://ykacl.ca/services/</u> To get services your child needs to live in the family home and have an identified need for supports. This does not have to be a formal diagnosis but does need to be documented in some way by a health professional.

This documentation should explain that your child has a physical, intellectual, cognitive, sensory, and/or psychiatric condition that presents ongoing challenges in their daily lives.

> information found here: <u>nwtdc brochure</u>

The program accepts referrals from families (self-referrals) or health professionals.

The Program Manager's anonymous assessment is passed on to a group of community members, the Respite Services Intake Committee. This group finalizes eligibility and the number of hours of service the family will receive.

They base their decision on eligibility criteria and the intensity of the needs.

The Manager informs the family of their approval and meets with them again to get more specific information about their goals.

Using this information the Manager pairs the family with a respite worker. The YKACL train and hire workers.

If the family requests a certain individual as their worker they need to meet the YKACL employment standards and complete training.

Families and their workers organize respite hours directly.

Workers submit their hours monthly to the YKACL respite program. The program pays the workers directly.

The program Manager checks-in with the family every three months (quarterly) to do a new needs assessment (if anything has changed), request different hours (if needed) and update the families goal plan. Your first step is contacting the program coordinator

Contact information can be found here: http://www.nwtdc.net/respite-program-forlocal-communities/

The coordinator will complete an assessment to discover more about you, your child, and your support network.

Families are divided into three different levels based on support needs. Level 1 being the lowest, and 3 being the highest level of needed supports.

Families are not income tested.

## Your level of support, along with the funding available to the program (which fluctuates with annual

(which fluctuates with annual budgets and the amount of families requesting supports), will dictate the amount of respite hours you are approved for.

Once approved, families are paired with a respite worker that has been recruited and trained by the program.

Families can get funding directly to pay their worker or the program will pay the worker directly.