

BC FASD Key Worker and Parent Support Program (BC)

The **FASD Key Worker and Parent Support Program** provides social and educational support to families of children and youth under age 19 with Fetal Alcohol Spectrum Disorder (FASD) and similar neuro-developmental conditions. This is done through providing families with access to Key Workers to provide families with support they need.

Key Workers help families in understanding FASD by providing education and information specific to the needs of the child and family. They are familiar with community resources, assist families in accessing support, health and education services, and are involved in the development of local support services. A Key Worker works with parents, caregivers, family members and service providers to identify ways to adapt the child's environment for the child's needs. They also offer free training to community partners, and parent support groups. Support from a key worker is free – families can contact one at any time, even before an assessment. Consult [this chart](#) to find a key worker or parent support in your community. For more information on the Program and how it works please follow [this link](#).

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FASD Key Worker and Parent Support Program



Confirm Eligibility

There are two ways to confirm eligibility for the FASD Key Worker and Parent Support Program: (1) with an assessment and (2) self-referred without an assessment.

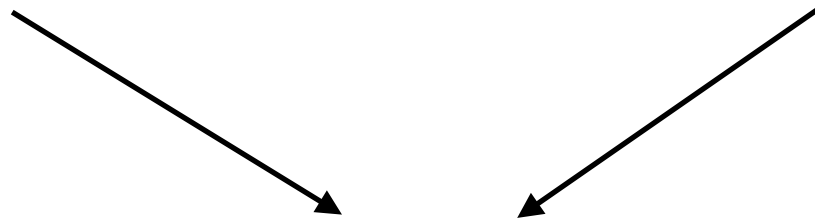


Confirm Eligibility with Assessment

Receiving a diagnosis of FASD or the existence of similar needs and challenges to those of children with FASD could qualify your child for supports beyond the Key Worker Program. You can ask your doctor about getting a referral for an assessment. The Complex Developmental Behavioural Conditions (CDBC) Network offers assessment services for children and teens who have significant difficulties in their development and learning, mental health, and adaptive and social skills.

Confirm Eligibility without Assessment

Parents may start the program if they are on the waitlist for an assessment, and the program can help parents navigate the referral process. However an expectation of an assessment, even if it has not been completed yet, is considered necessary in most areas for eligibility. The program also accepts referrals from community partners, medical professionals, and CDBC clinics. You can contact your local KW Program to confirm eligibility requirements in your region



Finding a Support Worker in your Community

Support from a key worker is free – families can contact one at any time, even before an assessment. Consult [this chart](#) to find a key worker or parent support in your community.