

Ontario:
*Accessing Respite
Funding*

Respite funding can be applied to through the Special Services at Home (SSAH) program. This program is run by the Ministry of Children and Youth Services.

Find your regional office here:
[Contact Page](#)

To be eligible for the SSAH program your child must have a developmental or physical disability, live in Ontario, need supports and do not have access to residential supports.

Families will need to have a medical statement or psychological assessment explaining the disability and the needed supports.

The first step is completing an application form. Parents/guardians are expected to download and fill out the application form.

The application, and medical statement/assessment, should be printed and mailed to the nearest regional Ministry of Children and Youth Service office (see link above).

Application form found here:
[Printable Application Form](#)

A worker will review your application and diagnosis documentation to determine if you are eligible.

This decision will be communicated to you.



Once you are deemed eligible you will be connected with a worker who will complete some assessments to better understand your support needs.

At this time respite will be discussed.

Families are not income tested.



SSAH funding is sent directly to families to hire a respite worker.

Families may want to use this website to find respite workers and information about respite:

A family caring for a child who is medically fragile and requires 24 hour care may be eligible for the Enhanced Respite Funding grant. This grant is up to \$3,500 per year.

More information can be found here:



Families are no longer required to reapply for their funding every year, it is automatically renewed.

Families are expected to inform SSAH if their residence or care needs have changed.