Conductive Education Results Table

Author, Year, Country, Design, PEDro score, Rating	Sample Size	Intervention	Outcomes and significance: (+) significant (-) not significant
Myrhaug et al., 2018	N = 21 children with CP	Conductive education (CE) (n=11)	Results: Myrhaug et al., 2018
Myrhaug et al., 2019	Age at enrollment: 3-6 years old	vs.	At post-treatment (4 months):
Norway	CP diagnosis: 100%	Waiting list (WL) (n=10)	Motor function: (-) Gross Motor Function Measure 66 (GMFM-66)
Myrhaug et al 2018: 8/10	CP Type: Spastic, unilateral: 12/21 (57%) Bilateral: 4/21 (19%) Dyskinetic: 3/21 (14%) Ataxic: 1/21 (5%) Unclassified CP: 1/21 (5%)	Intervention details: Conductive Education:	Functional skills: Pediatric Evaluation of Disability Inventory (PEDI) (-) Self Care Scale
Myrhaug et al 2019:	GMFCS (Gross Motor Function	 4 hrs./day, 5 days/week Duration: 3 weeks Course was provided in groups of 4-6 	(-) Mobility Scale (-) Social Function Scale
High quality	Classification System): Level I: 5/21 (24%) Level II: 2/21 (10%) Level III: 4/21 (19%) Level IV: 4/21 (19%) Level V: 6/21 (29%) MACS (Manual Ability Classification System): Level I: 3/21 (14%) Level II: 8/21 (38%) Level III: 3/21 (14%) Level IV: 2/21 (10%) Level V: 5/21 (24%)	children (split into walkers/non-walkers) Course was given by 1 experienced Hungarian conductor, 1 Norwegian conductor & 1-3 assistants. CE course: Structured training program targeting: standing, sitting, walking, lying, arts & crafts, specific child-parent-conductor set goals. Children performed daily training that targeted eating & drinking, dressing, toileting Use of CE equipment and rhythmic intentions Children were encouraged to	Quality of life: Pediatric Quality of Life Inventory (PedsQL) (-) Physical Functioning Scale (-) Emotional Functioning Scale (-) Social Functioning Scale (-) Functioning in Kindergarten Scale Quality of life: (-) Norwegian version of the Quality of Life Scale (QOLS-N) Experience of services: (+) Measure of Processes of Care (MPOC-20): Enabling & partnership

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		select the topic of the course/different activities - Parents were not trained to carry on with CE at home • Followed by conventional practice	(-) MPOC-20: Providing general information (-) MPOC-20: Providing specific information about the child (+) MPOC-20: Coordinated and comprehensive care (-) MPOC-20: Respectful and supportive care
		 Conventional practice (indicated in Norwegian surveys to most commonly be): Performed as functional training Targeting walking, eating, playing Integrated in daily activities at home Led by physiotherapist, parents/other caregivers 	Results: Myrhaug et al 2019 At follow-up (12 months): Motor function: (+) GMFM-66 Functional skills: (-) PEDI: Self Care Scale (-) PEDI: Mobility Scale (-) PEDI: Social Function Scale Quality of life: PedsQL: (-) Physical Functioning Scale
			(-) Physical Functioning Scale (-) Emotional Functioning Scale (+) Social Functioning Scale (-) Functioning in Kindergarten Scale