May 2023



The Jooay App: Promoting Participation in Leisure

Authors: Keiko Shikako, PhD, OT/erg. Mehrnoosh Movahed, MD, PhD School of Physical and Occupational Therapy, McGill University



What is Jooay?

Leisure is an important part of every child's life. Children with disabilities are often confronted with leisure activities that are not adapted to their needs and abilities.

Jooay is a bilingual (English and French) free app that connects children with disabilities and their families to leisure opportunities in their communities. It features activities that are "<u>accessible, suit their</u> <u>needs and abilities, match their</u> <u>preferences, can help them</u> <u>develop and participate in</u>

<u>society</u>." [1] It includes over 2,700 activities that range from artistic opportunities to sports, and has more than 4,350 users across Canada.

The app is the product of a collaborative effort that involved childhood disability researchers, youth with disabilities, families, healthcare professionals, educators, policymakers, and community partners. It was conceptualized and is led by McGill University-based researchers Dr. Keiko Shikako and Dr. Annette Majnemer.

How to access and use the Jooay app?

The Jooay app is easily accessible via the App Store or Google Play. To use Jooay, follow the steps below:

- 1. First, start by downloading the app on the App store for iOS users or Google Play for Android users.
- 2. Then, click "Allow While using App" for Jooay to locate activities around you.
- 3. And click "Allow" to enable Jooay to notify you when an activity is near you.
- 4. To create an account, sign up using your Facebook or Twitter account or simply connect with your email address.
- 5. You are now ready to start exploring all its cool features!
- 6. Search for inclusive and adaptive art classes, camps, sports, and many more (in-person or online).
- 7. You can also refine your searches with filters such as type of disabilities.
- 8. You can sort by activities closest to you, most commented, or with the best reviews.
- 9. Use the map to locate activities close to you!
- **10.** You can also search an activity by name, organization, province, or city.
- **11.** Simply tap on the activity of interest to find information on the wheelchair accessibility, targeted population, address, schedule, and much more.
- **12.** Do you have any awesome activities to suggest? Then click on "suggest a new activity". We are always looking to discover new activities from you.
- **13.** You can also connect with the Jooay community and chat with other users.
- 14. For more information on Jooay, click "More" and choose "about Jooay".
- **15.** You can now look for available and inclusive leisure activities for children at the tip of your fingers from your phone or your computer.

With Jooay, all children can play and be included!





Childhood disability LINK is a bilingual website Linking Information and New Knowledge on childhood disability to service providers and families. The website also focuses on enhancing the awareness and understanding of research on a variety of issues in childhood disability.

Please visit us at: www.childhooddisability.ca

Reference:

[1] The Jooay app [Internet]. Available from: https://jooay.com/about-us/

How can you learn more about the Jooay App?

You can learn more about the app by visiting the Jooay website at <u>https://jooay.com</u> or contact the Jooay team at the following email address jooay@childhooddisability.ca.



jooay@childhooddisability.ca www.jooay.com